

Connex Group Workbook - Session 4 - The Lord's Prayer Continued

Matthew 6:5-8

5 ... when you pray, do not be like the hypocrites; for they love to pray [publicly] standing in the synagogues and on the corners of the streets so that they may be seen by men. I assure you and most solemnly say to you, they [already] have their reward in full. ⁶ But when you pray, go into your most private room, close the door and pray to your Father who is in secret, and your Father who sees [what is done] in secret will reward you. ⁷ "And when you pray, do not use meaningless repetition as the Gentiles do, for they think they will be heard because of their many words. ⁸ So do not be like them [praying as they do]; for your Father knows what you need before you ask Him

Discussion Questions:

- Who is Jesus addressing in this teaching, and what is the significance of His audience?
- How does public prayer differ from private prayer in the context of these verses?
- What did the pharisees hope to gain in their praying publicly?
- What was Jesus's response to this in scripture, and what did He mean?
- In contrast, what is Jesus inviting us into?
- V8 says the Father knows what we need before we ask Him. How should this understanding shape the way we approach prayer?

Writing Prompts:

Where is your private place?
How often do you visit it?
What time do you plan to arrive and leave the private place?
What do you need to let go of (temporarily put aside) to 'fully enter into prayer?'
What is your biggest obstacle to consistent, private and from the heart time with God?

